

Highlights

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Announcements

The CCPN Board of Managers approved extending the enrollment fee waiver for OB/GYN and Behavioral Health clinicians joining CCPN through July 31, 2018.

[June Medicaid Bulletin](#)

CCPN Leader Connects with Kids Across the Globe

Dr. Debbie Ainsworth, CCPN Board Member from Washington Pediatrics, serves the families of her community and around the world with one goal in mind: connecting with children and their families to meet their needs.



Dr. Debbie Ainsworth

In addition to providing one-on-one care to patients and families, she is also inspired to find solutions to larger issues that affect a community's health. Dr. Ainsworth had her first opportunity to do this while in residency by volunteering with Operation Smile. Continuing to serve individuals and a larger community, Dr. Ainsworth recently traveled on a medical mission trip to Nicaragua and was part of a team that provided medical care to about 300 children



Three children Dr. Debbie Ainsworth met and treated during her medical mission trip to Nicaragua.

and adults and supplied 140 innovative water filters to produce clean water.

Dr. Ainsworth is equally passionate about her work as an independent physician in North Carolina.

While she admits it can be difficult at times to operate an independent medical practice, the flexibility that independent physicians have to quickly adjust to changing needs and best serve patients is invaluable. She also does not have to deal with a large bureaucracy to approve items that need to be purchased or actions the practice wants to take to improve patient care. Dr. Ainsworth also truly enjoys the comradery she has with her co-workers.

Dr. Ainsworth looks forward to continuing to work with CCPN on behalf of independent physicians across North Carolina.

CCPN's Vaccine Partners

Offer Shingrix Vaccine Discounts

Shingrix (Zoster Vaccine Recombinant, Adjuvanted) was recently approved by the FDA as a vaccine to prevent herpes zoster.

The CDC's Advisory Committee on Immunization Practices (ACIP) recommends Shingrix for immunocompetent adults ages 50 and older. The ACIP also recommends that patients who have been previously vaccinated with Zostavax should be revaccinated with Shingrix. Finally, the ACIP recommends Shingrix as the preferred vaccine over Zostavax (Zoster Vaccine Live). Shingrix is given in a two-dose series; the second dose is given between 2 months and 6 months after the first dose. You can read the full ACIP recommendation [here](#).

Both of CCPN's vaccine partners, Atlantic Health Partners, (AHP) and Vaccine Connect, offer discounted pricing on Shingrix.

Atlantic Health Partners also offers discounted prices on Merck and Sanofi Pasteur vaccines, as well as Pfizer's Trumenba. Vaccine Connect offers discounted prices on the full portfolio of adult and pediatric vaccines from GlaxoSmithKline.

There is no cost to join either organization, and practices can continue to order vaccines directly through the manufacturers. CCPN encourages member practices to review how these programs may best meet their immunization needs based on vaccine preferences, vaccine pricing, and other practice-specific criteria. Both AHP and Vaccine Connect have participation and brand requirements.

For more information, or to become a member of either vaccine purchasing group, please contact Jessica Whelan at jwhelan@communitycarenc.org

Medicaid Meet & Greet Sessions Coming Up

Please join local representatives from WellCare, Community Care of North Carolina, and Community Care Physician Network at upcoming North Carolina Medicaid Matters meet and greet events. The events will include an Office Staff Open House from 10:00am - 4:00pm and a Physician Cocktail Reception at 6:00pm.

The first Meet & Greet will be June 5 at the Pinehurst Resort. A second will be held June 7 at the Raleigh Marriott Crabtree Valley. There will be additional opportunities to meet with WellCare representatives as they host future meetings throughout the state this summer.

RSVP at 1-855-599-3814 or NetworkExpansion@wellcare.com.

Board of Managers

*Greg Adams, M.D.,
Boone, NC*

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M.D.,
Washington, NC*

*Terry Daniel, M.D.,
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M.D.,
Ahoskie, NC*

*Tagbo Ekwonu, M.D.
Charlotte, NC*

*Stephen S. Hsieh,
M.D., Lexington, NC*

*Larry D. Mann, M.D.,
Raleigh, NC*

*Ted Nifong, M.D.,
Winston-Salem, NC*

*Rueben Rivers, M.D.,
Fayetteville, NC*

The CCPN Board of Managers is pleased to welcome Dr. Tagbo Ekwonu as its newest member as of June 1. Dr. Ekwonu is an independent family physician at Eastowne Family Physicians in Charlotte.

Committees

Give CCPN Clinicians Opportunities to Connect

CCPN wants you involved! Below are the committees currently in need of new members. If you are interested in serving on one of these committees please reach out to the staff person indicated. There will be opportunities to serve on additional committees in the near future.

Quality Improvement (QI)

Committee: The QI Committee determines and oversees all clinical and quality measures. The committee will identify and track quality benchmarks and key performance indicators and work with clinicians and practices on quality improvement efforts. CCPN has split this committee into two committees - the Adult QI Committee and the Pediatric QI Committee. To volunteer email Shelley Kittrell at skittrell@communitycarenc.org.

Practice Guidelines Com-

mittee: This is a subcommittee of the Quality Improvement Committee. Under the direction of the Quality Improvement Committee, disease management and utilization management guidelines will be reviewed and specific recommendations for guideline adoption will be made to the Quality Improvement Committee. To volunteer email Shelley Kittrell at

Message from the CEO

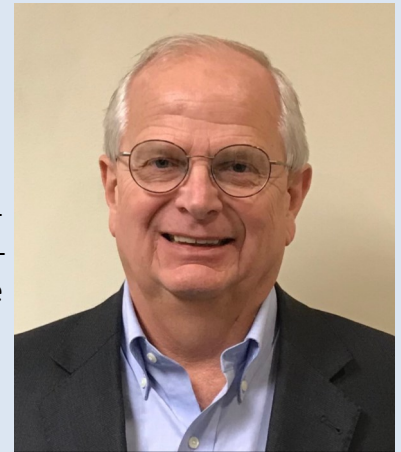
As I think about what CCPN has accomplished so far in 2018 and look ahead at what is still to be done, I am reminded that CCPN is you - North Carolina's independent physicians and clinicians who work every day to make health care in our state better.

Because of this, I am asking for you to consider serving CCPN through one of our committees. The entire list of CCPN committees is on this page, and many of these committees are in need of members.

CCPN can only work if we know what our physicians and clinicians need to be successful in the ever changing health care environment.

Serving on a committee is an excellent way to communicate these needs and help work to find solutions. I hope you will consider serving on one of these committees.

If I can answer any questions about the committees and their work on behalf of CCPN, please do not hesitate to contact me at swegner@ncaccesscare.org.



Steve Wegner, M.D.

skittrell@communitycarenc.org.

Data and Technology Com-

mittee: This committee oversees data collection, analysis, reporting, privacy and security activities for CCPN. To volunteer email Shelley Keir at skeir@communitycarenc.org.

Marketing and Communica-

tions Committee: The Marketing and Communications Committee is responsible for developing tools and strategies to educate current members about the various services and resources available to them through CCPN. As needed, this committee can also

support outreach and education efforts to potential new CCPN members. To volunteer email Shelley Kittrell at skittrell@communitycarenc.org.

Nominating Committee:

The Nominating Committee will evaluate names put forth for consideration to serve on the Board of Managers under the guidelines described in the Operating Agreement. To volunteer email Jessica Whelan at jwhelan@communitycarenc.org.



Quality Focus: Blue Ridge Health—Polk

The Blue Ridge Health-Polk (BRH) practice in Columbus, NC, joined the CCNC Practice Transformation Network (PTN) in August 2016. In addition to being part of a multisite practice organization in CCPN, the practice expressed a desire to work on Behavioral Health Integration.

They chose two milestones: addressing the whole person in both mental and physical health and producing regular reports on how providers are performing and meeting quality goals.

The process began with Eric Christian, CCWNC's Behavioral Health Director, administering a standardized assessment tool to show their current status along several dimensions of integrated care. Mr. Christian, Jason Butler (CCWNC Behavioral Health Associate), and Lisa Rogers (PTN Coach for CCWNC) then began to meet monthly with key staff from the BRH-Polk practice. The BRH-Polk staff who participated in these meetings are Dr. Amy Marietta (Medical Director), Sandra McGriff (Practice Manager), Laura Ellington, LCSW and Cindy Glowacki, LCSW.

The practice embraced the concept of implementing integrated care, and BRH leadership strongly supported the practice with resources for the team, including staff education and information systems.

The work for integration included:

- Developing an algorithm for patient acuity guided service components and intensity
- Adding their behavioral health providers to the planning team
- Creating a Run Chart for depression screening to monitor progress



Laura Ellington, left, and Dr. Amy Marietta, right

- Sharing screen shots from the EMR with staff to make sure data was captured correctly
- Defining NQF 0418 (Screening for Clinical Depression)
- Creating a depression workflow with shared decision making processes for care targets & outcomes
- Using PHQ-9 score to sort patients into groups of severity and treat to target

Results:

Screening for depression went from 30% to above NQF's 50% goal to a range of 53-67% between providers. The clinic's overall integration rating rose 23% in 16 months.

Additionally, results showed an increase in continuity of care between primary care and behavioral health, and work being performed by the clinicians is now being captured related to screenings, which will increase revenue for the practice. Furthermore, a discussion occurs with the patient and family about the recommended treatment plan to assure understanding and increase compliance with treatment.

CME Certificates



GREENSBORO 2018
2ND ANNUAL CLINICIAN CONFERENCE
GRANDOVER RESORT - APRIL 29-30

If you attended the Second Annual CCPN Clinician conference and have not submitted your evaluation please do so by clicking [here](#).

Once you have completed your evaluation your CME certificate will be sent to you.

Value-Based Payment Reform Help is Here For You

Healthcare in North Carolina is changing. We know that how we get paid is changing, and therefore how we perform needs to change.

Is your practice prepared to thrive in a pay-for-value environment?

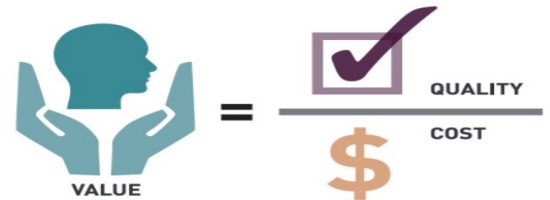
If not, we have help for you! We can provide you with assistance from an on-site transformation coach, innovative tools to help your practice save money, assistance in qualifying for CMS incentive payments, and expertise in better understanding your data and getting more from your EMR.

Value-based payment reform means creating payment structures that tie provider financial success to patient receipt of high-quality, efficient care. The Department of Health and Human Services (DHHS) has released multiple proposed [concept papers](#) that give us a glimpse of what to expect.

The Provider Health Plan Quality Performance and Accountability paper states that “North Carolina’s Quality Strategy is built around the desire to build an innovative, whole-person, well-coordinated system of care that addresses both medical and non-medical drivers of health and promotes health equity.”

The three central aims are:

- Better care delivery
- Healthier people, healthier communities
- Smarter spending

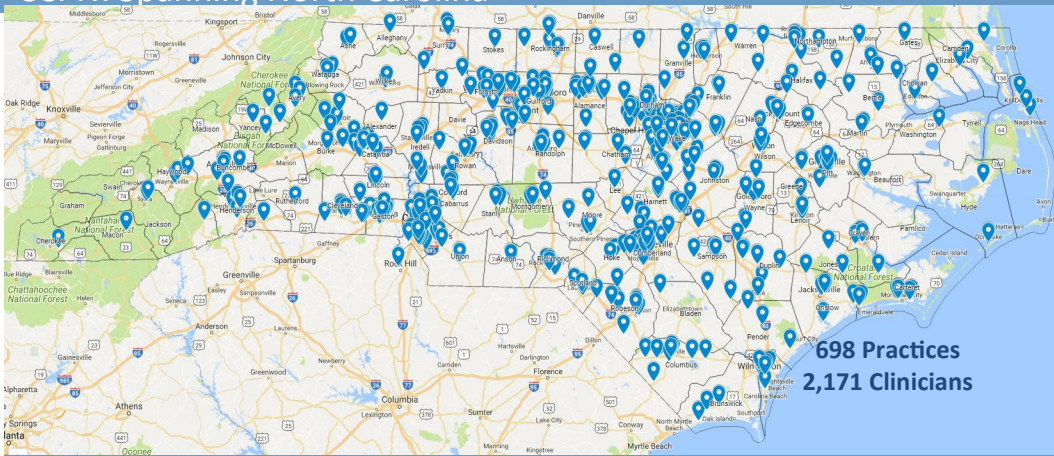


The paper proposes that each PHP (Prepaid Health Plan) must report a set of 64 quality measures aligned with national, state and PHP reporting. Thirty-three of these will be considered “priority measures” as they are aligned with DHHS policy and vision for improvement. Six to seven measures will be identified as Quality Withhold Measures, used to hold PHPs financially accountable for quality performance.

About 800 CCPN clinicians are receiving this help. Do you want to join in? If you have a functioning EMR, are not part of an ACO, and not already part of a PTN program through CMS, then you qualify to participate.

How do you get started? Contact Andy Smitley at 919-745-2357 or asmitley@communitycarenc.org

CCPN: Spanning North Carolina



Welcome New Practices

Brunswick Family Medical
Brunswick Family Medical at
Carolina Shores
Capital Primary Care
Columbus Family Medical, PA
East Cary Family Physicians
Odibo Medical Group
Pine Ridge of Pittsboro
Primary Care
Pine Ridge of Sanford
Primary Care
Richmond Internal Medicine &
Cardiology Associates, PA
Sound Psychological Services
West Cary Family Physicians
Western Wake Internal
Medicine

[Click for a full list of
CCPN practices](#)

Tell Us What's Changed

Have clinicians joined or left
your group?

Have you recently changed
addresses, phone numbers, or
tax identification numbers?

Please let us know!

Contact:
Jon York at
jjork@communitycarenc.org

Integrating Care: CCPN Referral Pathways

Integrating “physical” and “behavioral” health has been an important trend in health care, and integration will continue to be a buzzword for commercial and Medicaid/Medicare plans. How can CCPN help providers integrate care?

CCPN provides a framework to connect primary care (PCPs) with behavioral health providers (BHPs) in their community. Specifically, CCPN can help with referral pathways between PCPs and BHPs. CCPN has also been helping to connect PCPs and BHPs who are interested in moving towards integrated care models in the PCP office.

We aim to prepare practices for evidence-based models of integration like the Collaborative Care Model (CoCM), a model where a psychiatric consultant works with PCPs and embedded specialists to provide assistance on the entire patient population. Other practices may work towards implementation of the Primary Care Behavioral Health (PCBH) model where a BH provider is embedded in the PCP office and provides brief BH interventions and links to specialty BH in the community. SBIRT (Screening, Brief Intervention, and Referral to Treatment) is a model that helps PCPs screen, manage, and refer patients with drug and alcohol use disorders in their practice.

CCPN recognizes that integration can be overwhelming, and we are here to help! We know that many practices will need a great deal of assistance on the road to integration and there are many foundational steps. Please contact Dr. Mike Lancaster at mlanc2792@aol.com or Andrew Clendenin, MSW, at aclendenin@communitycarenc.org if you have questions or would like to learn more!

Contact Us

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